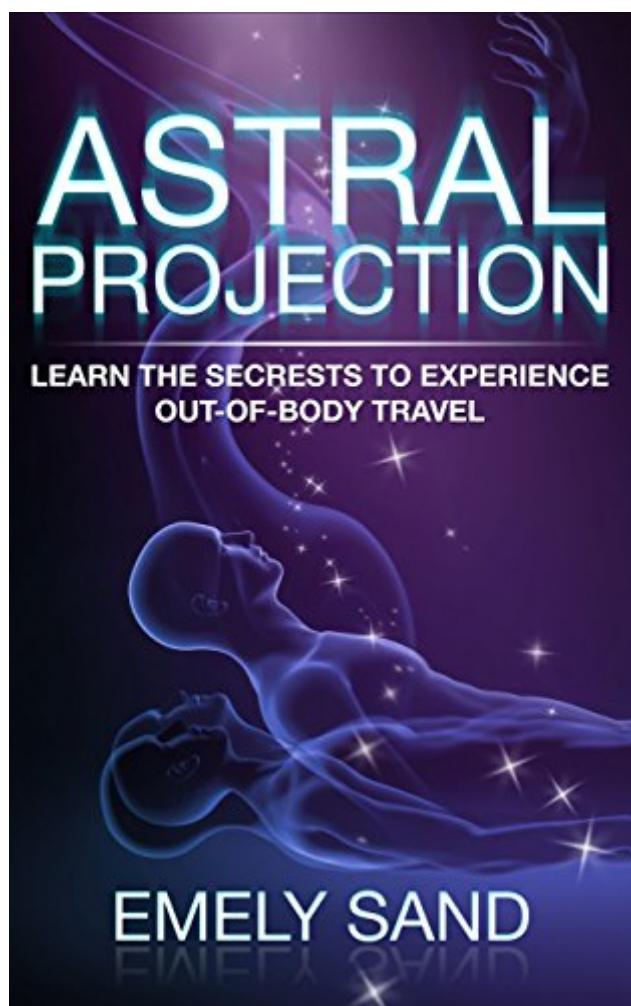


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Astral Projection: Learn The Secrets To Experience Out Of Body Control (Astral Travel, Consciousness, Lucid Dreaming Book 1)



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Customer Reviews

Astral Projection is a step-by-step introduction to projecting yourself to a different realm through the use of Astral Projection. The Astral Plane is discussed as well as many methods to achieve Astral Projection, and one of these is by the use of lucid dreaming.

A well-written explanation of astral projection with links to buddhism. You will learn what mistakes to avoid and how to protect yourself, if you believe in the things taught in this book.

This book walks you through the entire process. It covers everything from who is able to practice astral projection, to the preparation techniques you need to undergo, to covering the risks and benefits of the practice. I am very grateful for coming across this book. An interesting read, whether you believe it's possible to project or not.

Very interesting, makes a lot of sense. I found some of the descriptions to resemble my own experiences that I have had that lead me to believe that I had out of body experience before.

The principles to follow and the guiding practices to achieve the astral projection is well documented in this book including the planning and the Mystery surrounding the astral plane have all been given a great attention in this book. Its a great pleasure to have such a read.

i found myself experiencing astral projection several times with no idea what was happening. with this book not only i understood, i also learned to master it. So helpful with efficient tips and great stories. Thank you!

I have experience of astral body.First of all i decided to read chapter 10: Dangers of Astral Projection. because i have heard that when our astral body our from our physical body, other spirits can go inside our body. yes i realized that is true when i'm reading this chapter. the author has told "If you roam in the dimension where these creatures can be found, they can easily pick on you and enter your body and come back to earth with you trapped in your body" i believe this. That is why i decided to read whole the pages of this book. i still did not complete reading it. but i really like it. i feel that in this book,i can gather very interesting information about Astral Projection.This is the first time ever i found a book on this subject. chapter 10 inspired me to read it more. Indeed great read. very interesting book. Thank you emely sand.dear emely sand, How can i contact you ?

I hope doing this will be like when I had my NDE in '71

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